

Quarterly Newsletter of the Relief Foundation

Founder's Message

Dear friends and donors of Relief Foundation

It gives us immense pleasure to release the newsletter of our last quarter. We are happy to inform you that our CMRRC model is now curated and ready for replication for anyone seeking to install high impact ECCD programs in rural settings with the required training and formats for fund raising. Relief Foundation will mentor such initiatives that will involve parent communities in the centre improving their understanding of child development and education. We have also found that supporting girl child education in rural schools is yielding good results with the self image and respect growing among them. This has a strong ripple effect, preventing child marriages and dropping out of schools. We provide scholarships, improve sanitation and hygiene in schools, offer awareness programs and create libraries as well, based on program coverage through CSR funds. We urge corporate companies and NGOs to come forward and utilise our experience in not only setting up such centres but also delivering high quality and impactful services to children and families in rural communities.

- Vidya Shankar Chakravarthy, Founder Chairperson and Managing Trustee.

Updates from our centers

CMRRC THETTU

PARENT'S MEETING :

We have been conducting parents' meeting regularly. Parents shared their observations of their children and discussed various topics related to children's growth, health and hygiene. They also confirmed that children interact regularly with them and actively participate in household chores. Children also share their classroom experiences at home

[Read more..](#)

ஐமுனாமரத்தூர்

குழந்தைகளின் வருகை மற்றும் எண்ணிக்கை: நமது காசா வள மையத்தில் தற்போது 20 குழந்தைகள் உள்ளனர். இதில் சென்ற மாதம் இரண்டு குழந்தைகள் வருகை தந்தனர் என்பது குறிப்பிடத்தக்கது

[Read more](#)

Article on Child rights

There is a fundamental difference between helping a child and helping a child to help him/herself. When we see a child in need of help, the tendency of an adult is to help the child.....

Read full article [here](#)



Image Spotlight



Concentration develops very early. EPL activities assist the children to build concentration. A child from Thettu Centre



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Issues Children are Facing Today

There are billions of children living in the world today. While they never chose to be born in this world, they have every right to development, survival, protection and participation. But do children enjoy these fundamental rights? It remains a very big question. Some of the statistics listed below are alarming:

- **Poverty** is one of the most significant issues facing children today. According to UNICEF, around 333 million children live in extreme poverty. While kids only make up 1/3 of the global population, they represent half of people living on less than \$2.15 a day. Poverty affects every area of a child's life, including their health, their access to basic services like clean water and food, their education and much more. Poverty also makes kids more vulnerable to death at a young age.
- According to Save the Children, [153 million kids](#) are facing **food insecurity**. While everyone needs food to live, kids are more likely to die from malnutrition and nutrition-related diseases. Around 1 in 5 deaths of kids under five can be traced back to a lack of nutritious food. For those who survive, hunger harms cognitive and physical development. Poverty, climate change, forced migration, and war and conflict are just a few of the drivers of hunger.
- **Education** access is a human right, but many children don't get the schooling they deserve. In 2022, the UN estimated that [244 million children](#) between 6-18 years old were not in school. Sub-Saharan Africa struggles the most as it has the most kids and youth out of school. Central and Southern Asia has the second-highest out-of-school population. In better news, the gender gap in education is resolving, though there are still regional differences that need to be addressed.
- According to UNICEF, over [400 million kids](#) live in countries affected by **war and violence**. Children also make up half of the civilians killed by landmines and explosives. In many places, violent conflict is escalating. In [Ukraine](#), children are affected by death, injuries, mass displacement and an increased risk of abuse, abduction, human trafficking and sexual exploitation. In the Gaza Strip, [half of the 1.9 million displaced people](#) are children, while thousands have been killed or injured.

And there are more....

Source: <https://www.humanrightscareers.com/issues/childrens-issues/>

Write to us to @ relieffoundationindia@gmail.com if you are interested to know more about how we can protect children. RELIEF Foundation has extensive years of experience working for and with vulnerable children.

CMRRC THETTU
QUARTERLY REPORT JANUARY 2026 TO MARCH 2026

Academic Activities: Apart from the regular Montessori activities, children were encouraged to do extra cultural activities like vegetable colour printing, drawing and colouring. We took children for Nature walks. The children were excited to go for walks and saw so many insects, birds, reptiles, ants, etc. They had many wonderful experiences while walking. Children also experienced using the potter's wheel to make some shapes using clay, played some funny games and recited some shlokas and rhymes on a regular basis.

Visitors: We often get visitors to our CMRRC THETTU centre. They always feel very happy knowing more about the Montessori system. We have had both foreign and local visitors from nearby schools. Recently Shree Poornananda Guruji visited our place and conducted a meditation session



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Celebrations: Festivals offer wonderful opportunities to experience culture. We regularly celebrate some important festivals from different religions and also from national festivals and events. We celebrated Sankranti and Republic day during the last quarter. Children actively participated and enjoyed the moments.

Parent's meeting: We have been conducting parents' meeting regularly. Parents shared their observations of their children and discussed various topics related to children's growth, health and hygiene. They also confirmed that children interact regularly with them and actively participate in household chores. Children also share their classroom experiences at home.

Home Visits: We regularly make home visits to share our observations and also to see how the children are responding at home. Home visits have improved our bonding with the parents who have often mentioned during the parents' meetings saying that such visits have helped them too.



Cascade மாண்டிசோரி கிராமிய வள மையம், ஜமுனாமரத்தூர்.

ஜனவரி - மார்ச் வரையிலான அறிக்கை -2026

நமது மாண்டிசோரி கிராமிய வள மையத்தின் அரையாண்டு அறிக்கையின் தொடர்ச்சியாக ஜனவரி மாதம் முதல் மார்ச் மாதம் வரையிலான முக்கிய நிகழ்வுகள் மற்றும் குழந்தைகளின் வேலைப்பாடுகளின் தொகுப்புகள் பின்வருமாறு, ஏப்ரல் 13ம் தேதி வரை வகுப்புகள் நடத்தப்பட்டது. அதன் பிறகு கோடை விடுமுறை விடப்பட்டது. ஏப்ரல் மாத இறுதியில் குழந்தைகளின் தினசரி வருகை 17லிருந்து 20 ஆக இருந்தது. இந்த வருடம் கிட்டத்தட்ட 5 to 7 குழந்தைகள் முதல் வகுப்பிற்கு செல்கின்றனர்.

வகுப்பறை வேலைப்பாடுகள்:

குழந்தைகள் நமது வகுப்பறையில் பல்வேறு விதமான வேலைப்பாடுகளில் ஈடுபடுகின்றனர். ஒவ்வொரு குழந்தையும் அவர்களுக்கு பிடித்தமான வேளைகளில் சுதந்திரமாக செயல்படுவது சிறப்பான நிகழ்வாகும்.

குழந்தைகள் பெரும்பாலும் எழுதுதல் மற்றும் puzzle map வேலைகளில் அதிக ஈடுபாட்டுடன் வேலை செய்கின்றனர். மேலும் Deconomial Square வேலையிலும் அதிக ஆர்வம் காட்டுகின்றனர்.





பிற நிகழ்வுகள்

நம் வள மையத்தில் சில முக்கிய பண்டிகைகள் மற்றும் விழாக்கள் கொண்டாடுவது வழக்கம். உதாரணமாக பொங்கல் பண்டிகை, குடியரசு தினம் போன்றவை. பொங்கல் தினத்தில் பெற்றோர்கள் மற்றும் குழந்தைகளுடன் இணைந்து சமத்துவ பொங்கல் வைக்கப்பட்டது.





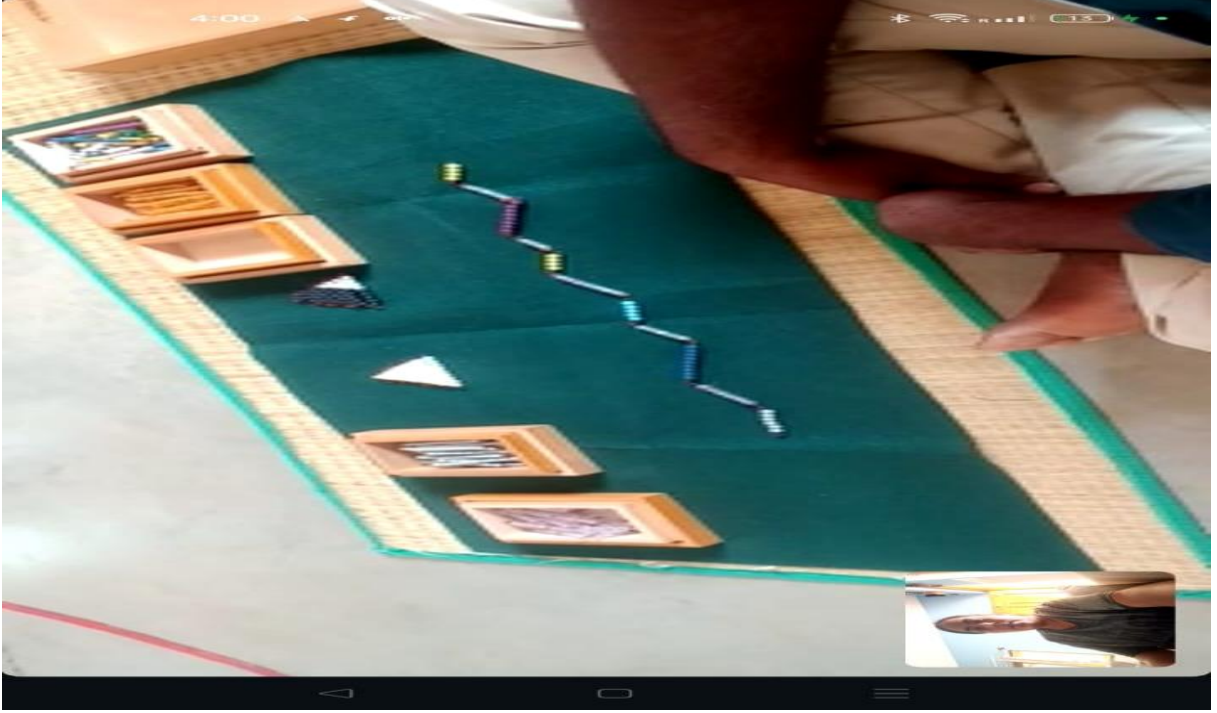
Training (பயிற்சி வகுப்புகள்):

டிசம்பர் மாதத்தில் சிக்கீம் மாநிலத்திலிருந்து மூன்று நபர்கள் மற்றும் பெங்களூரிலிருந்து ஒரு பெண்மணி என நான்கு நபர்களுக்கு **Montessori Training** வழங்கப்பட்டது. ஒரு பெண்மணி தற்போது online வகுப்பில் தொடர்ந்து பயிற்சி எடுத்து வருகிறார்.



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விருந்தினர் வருகை

எண்ணங்களின் சங்கமம் அறக்கட்டளை நிறுவனர் J P பிரபாகரன் அவர்கள் வருகை தந்து நம் வள மையத்தை பார்வையிட்டு வள மைய செயல்பாடுகள் குறித்து கேட்டறிந்தார். மேலும் நினைவு பரிசும் வழங்கினார்.





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Montessori rural training course for NGOs and educators

Indicators for Assessment (After 3 years of consistent work)

- ✓ Improved learning outcomes among children entering regular schools
- ✓ Active, disciplined participation of children in games and activities.
- ✓ Children are happy, healthy and eager to work independently.
- ✓ Children beyond 6 yrs willingly attend evening centre learning offered in the premises
- ✓ Improved community participation in the centre in all its activities.
- ✓ Parents become ambassadors and bring in new admissions
- ✓ More awareness on children's development, rights and educational needs



Highlights of the modular training programme:

- Tailormade to suit training groups spanning 6 months to one year
- Early childhood Montessori philosophy - Theory & Practical sessions
- Classroom management
- Parenting education
- Observation of children
- Record of lessons offered
- How to move towards self-sufficient model?

Write to us @ relieffoundationindia@gmail.com

