

Monthly/Quarterly/Yearly Consumables in a Rural Resource Centre					
Sl. No.	Item Name	Item Description	Approximate Cost/Period	Period	Yearly Cost
1	Roasted Channa	Children as an activity, pound the channa, mixed with little Sugar and distributed to all children. Idea is to not only improve concentration with repeated pounding, but also an opportunity to practice Grace & Courtesy while distributing.	48	Monthly once	576
2	Carrots	The children use Carrots and cut them into pieces. The pieces are shared with other children in the environment. Cutting improves concentration while the activity also introduces "Sharing with others"	50	Weekly	2400
3	Grains for Pouring	Grains (Rice, Wheat, etc.) are poured from one container to another without spilling. This improves concentration.	50	Quarterly	200
4	Floor cleaners	This is used to mop the floor. The item bought lasts for a month (Used by helper)	80	Monthly once	960
5	Organic Hand wash soap	This is part of handwashing activity of children. Small children love this. It introduces cleanliness and also sense of smell	50	Monthly once	600
6	Eco friendly Detergent powder	It is used for washing activity. Children wash small towels, their kerchiefs, etc. It introduces sense of ownership of th environment and also the concept of keeping their things clean.	70	Quarterly	280
7	Mopping stick	Used by adult to clean the environment (Used by helper)	120	Halfyearly	240

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8	Brooms	Used by adult to clean the environment (Used by helper)	140	Halfyearly	280
9	Agarbathy packet	This is lighted and used to spread good smells around the environment.	26	Monthly once	312
10	Detergent soap (Eco-Friendly)	Used by adult to wash children's clothes and other cloths in the environment (Used by helper). Also the soap is used to scrub the chowkis by young children. It is a washing activity that helps build concentration and coordination of Movement for the child.	26	Monthly once	312
11	Charts for paper cutting	It is used in cutting activity. Cutting improves concentration aand coordination of Movement	30	Quarterly	120
12	Gum for pasting activities	Pasting improves Coordination of Movement & concentration	25	Halfyearly	50
13	Child size broom, dust pan & brush	Spilled morsels, sharpened pencil remains, etc. are cleaned by the children and put in dustbin. It creates a sense of ownership of cleanliness	100	Halfyearly	200
14	Toilet slippers for children	To introduce sense of cleanliness.	90	Once in a year	90
15	Deodoriser (organic)	Used in the toilet	50	Monthly once	600
16	News paper	Used in the environment by older children and students in the evening classes. This can be based on subscription rather than buying it daily	5	Daily in a year	1000
17	Colouring Material	Pencils, paint, brush etc. which can be used for the colouring activity over the year.	250	Annual	250

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18	Color pencils	Drawing Metal Insets. The children practice holding their pencils and wrist movements by drawing shapes and filling them with light thin lines. The perfection achieved indicates the physical readiness of the children for writing.	120	Thrice a year	360
19	Door mats	Used in the environment	90	Once in a year	90
20	Snacks for children	This is only for those who did not bring in a given day. Healthy snacks are only provided. No Chocolates or biscuits	40	Monthly once	480
21	Stitching cloth	Stitching done by children. Improves concentration and also creativity	200	Annual	200
22	Child size scissors	Used for cutting activity	45	Annual	45
23	Fevi quick	Used by adult and children for pasting	25	Once in 6 months	50
24	Bathroom cleansers	Used by adult (Helper)	40	Monthly once	480
25	Essences for smelling jars	Filled by Adult but used by children	60	Quarterly	240
26	Tasting jar requirements	Filled by adults, used by children. Requires 4 edible tastes sweet, salt, sour and bitter. Generally used are sugar, salt, lemons and bittergourd juice	50	Monthly	600
27	Cotton	For any minor cuts or wounds - sores, wiping	35	Once in a year	35
28	Pencils + sharpeners	for writing work	50	Monthly	600
29	A3 sheets	For Drawing Metal Insets paper.	400	Once in two years	200
30	A4 sheets	Colouring, writing , origami papers need to be cut out of A4 sheets for children. Also strips of it may be used	175	Halfyearly	350

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31	Other writing material	Writing papers need to be rich in variety of texture/colour and sizes. The idea is to attract the children to take up writing on their own. The ruled/square paper may also be needed for Math. Children also use what is known as Notation paper for higher Math material.	500	Annual	500
32	Vessel washing bars/scrubbers	Used by children for Cultural polishing of vessels, which is another washing activity which helps children gain better concentration & Coordination of movement. Also used by adult to maintain the vessels in the environment used for Practical life activities.	50	Quarterly	200
33	Clay for pottery	Children make small objects using mud clay, which improves their fine motor skills	250	Annual	2000
34	Looms (small size)	Small children like to use their fingers to weave and these small looms enable them to make their own mats at home. When a child is skilled, we need to give a loom for use at home. That can be circulated in the classroom	2500	Annual (2 per year)	5000
35	Polishing liquids	Polishing activities are precursors to the washing activities which also help children gain concentration & Coordination of Movement. It could be glass polishing/brass polishing/wood polishing.	100	Annual	100
		Total	5940		20000